

Memory Matters Grant

By Megan Dinopoulos

WAHHI members Debbie Gorski and Megan Dinopoulos were delighted to present a Charitable Grant 2024 in the amount of \$5,000 to Memory Matters on February 5 at the Memory Matters facility. The grant will assist the nonprofit with meal support for the Memory Care Adult Day Respite Program.

The overarching goal of the Memory Matters' grant is to assist with funding for daily nutritious meals for participants with Alzheimer's Disease and related dementias during the Memory Care Adult Day Respite Program. The WAHHI grant will provide approximately 667 meals (or two months) of nutritious meals that incorporate a Mediterranean diet that promotes healthier living for the participants. The meal program not only helps participants experience a renewed sense of purpose while engaging in a social day program; the grant also provides a brief respite for the memory caregiver.



WAHHI members can help support this program by volunteering as kitchen staff or helping with the daily morning activities at the Memory Matters facility. You can also support Memory Matters by attending their annual fundraising gala, "Memories under the Moon" on May 2, 2024. Contact Stacy Floyd at (843)842-2311 for volunteer opportunities and more gala information.

Pictured to the left are Megan Dinopoulos (WAHHI Grants Committee Member), Stacy Floyd (Memory Matters Development Director), Jill Horner (Memory Matters Executive Director) and Debbie Gorski (WAHHI President).