

Your WAHHI Donations Are Making a Difference



Thanks to the generosity of the Women's Association of Hilton Head Island (WAHHI), 16 Hilton Head families have received financial assistance to help their loved ones participate in Memory Matters' Adult Social Day Respite Program.

WAHHI's \$7,500 grant has been fully applied to participant fees, helping ensure that no family is turned away because of financial circumstances. For families caring for someone living with dementia, this support can make a profound difference.

Five days a week, participants spend their days at Memory Matters from 9:30am 3:30pm, enjoying nutritious meals, professional dementia care and a variety of engaging activities—from music therapy and art to gentle exercise, yoga, gardening, brain games and pet engagement. Those receiving assistance attend an average of three days each week and participate in three to four therapeutic activities each day.

And the impact extends beyond the participants themselves. The program gives caregivers approximately 30 hours each week to work, attend medical appointments, run errands, rest or simply have time to breathe. For many caregivers, that respite is invaluable.

This is what your WAHHI donations make possible: helping local families access care, giving caregivers much-needed respite and creating meaningful, engaging days for individuals living with dementia.

Memory Matters is deeply grateful to WAHHI and its members for investing in this work and making a tangible difference in the lives of Hilton Head families.